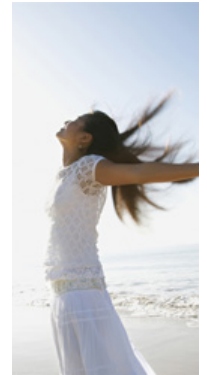




Inner Life Society presents  
**Pragmatic Spirituality Workshop (PSW)**  
Creating A Deep Connection and Personal Approach to Spirituality

with Manolo Cetina  
**Saturday, October 31, 2009**

Spirituality implies a deep connection with everything around us. When you are connected, you naturally and automatically walk hand in hand with life in a positive and evolutionary way that impacts your emotional life, attitudes, approach to dealing with issues, and your everyday interactions. To enter this relationship and the mystery of spirit, you must travel beyond the mind and world of beliefs, concepts, and theories, and enter a new awareness.



### What You'll Learn

In this one-day workshop, you will learn specific practices that show you:

- How to cultivate a deep and intimate spiritual connection
- How to create your own spiritual regimen and personal approach to spirituality
- How to integrate deep spirituality and awareness into everyday life

### What You'll Do

During the workshop, you will begin building your own unique spiritual practice based on the 4 essential elements of pragmatic spirituality:

- Awaken your connection to spirit
- Discover your unique sacred behavior (way of being) that will help you to develop your personal spirituality
- Create sacred places and personal ritual to strengthen and sustain your spiritual connection
- Build a bridge between your spiritual practice and your ordinary reality

### Why You Should Attend

Having a core spiritual practice and foundation is essential to growth and evolution. Especially in these uncertain and changing times, learning to develop your own pragmatic approach to spirituality empowers you to find, maintain and follow your path, and stay in Right Relationship with your connection to spirit. This workshop is a rare and special opportunity to train with an exceptional teacher and spiritual leader from Mexico. Through the powerful practices, energy movements, and group interaction that occur during the workshop, you will share in a strong, collective magic that you can put to practical use in your life. This workshop is not a rigid body of practices but rather a flexible system, respectful of all beliefs, that you can adapt to produce the results you want to see in your life.

### About the Presenter



Manolo Cetina is a spiritual leader with 20 years working with groups for personal and spiritual growth. His programs come from a deep connection to the world of nature, with an emphasis on responsible freedom and pragmatic spirituality. He developed his connection from the knowledge of ancient indigenous people in Mexico. First, with Victor Sanchez as his mentor and spiritual brother, and also receiving important teachings from Huichol communities and elders. Manolo also combines new knowledge he has learned through workshops participants, spiritual leaders and the advances of science. He created the organization "Conexion Humana", which offers workshops in different countries around the world. Now he is coming from Mexico to share the approach to spirituality that he has developed.

### Tuition

**Introduction only:** 10am - Noon \$35 | **Full Day:** 10am - 6pm \$125

Register Online at [www.InnerLifeSociety.com](http://www.InnerLifeSociety.com)  
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for the practice of wisdom, spirituality and enlightenment